

PLANET-FRIENDLY HOME AND GARDEN

Prize Package | Value \$1220.



Hands-on consultation with three SPEC Master Gardeners ▪ Three gallons of
Dunn-Edwards paint from GREENWORKS ▪ Framed original JILL FRANKLIN “Poppies”
artwork ▪ Becoming Vegan by VESANTO MELINA and BRENDA DAVIS EVERLAND
Natural foods hamper ▪ 2-Pack of Masontops Sprouting Lids



CHANGE IS COMING INDOORS AND OUT for the winner of this gorgeous green prize package.

It begins with a friendly trio of **SPEC** Master Gardeners who will pay you a visit to talk about how you can improve your garden or create one in whatever space you have available. While you're waiting for them to arrive give some thought to the custom colour you'd like to have added to your planet-friendly Dunn-Edwards paint from **GREENWORKS**. Then adorn your walls with framed original alcohol ink artwork by Lions Bay artist **JILL FRANKLIN**.

If you've heard that vegan food is healthy for you and the planet you've heard correctly. Dive into the Canada Books award-winning *Becoming Vegan*, a classic reference to vegan nutrition by registered dietitians **VESANTO MELINA** and **BRENDA DAVIS**. While you're reading, nibble on a gift basket full of treats that are healthy for you and for the planet from **EVERLAND**—acclaimed Canadian natural foods provider for more than forty years. Then get started on growing your own sprouts with a set of **MASONTOPS** sprouting lids.